



Open Daily 6-7PM*

*AVAILABLE NIGHTLY
UNTIL SEPT. 4, 2022

DINNER MENU



view menu online

www.mblfood.ca

Saturday

SLOW ROAST BEEF \$29.95
CARVED AND SERVED WITH TWICE
BAKED POTATO AND SEASONAL VEGETABLES

ATLANTIC SALMON \$29.95
WITH LEMON AND DILL AND SERVED
WITH RICE PILAF AND GLAZED CARROTS

Sunday

PORK TENDERLOIN \$29.95
SERVED WITH ROASTED POTATOES, AND
BRUSSEL SPROUTS WITH BACON & ONION

CHICKEN PARMESAN \$27.95
SERVED ON FETTUCCINI PASTA
WITH SEASONAL VEGETABLES

Monday

HOMEMADE MEATLOAF \$27.95
SERVED WITH MASHED POTATOES
AND SEASONAL VEGETABLES

GRILLED SHRIMP PASTA \$27.95
WITH VEGETABLES SERVED ON
SPAGHETTINI PASTA WITH GARLIC BREAD

Tuesday

HOMEMADE LASAGNA \$27.95
HOMEMADE MEAT LASAGNA
SERVED WITH GARLIC BREAD

CHICKEN DIVAN \$27.95
MUSHROOMS & BROCCOLI AND SERVED
ON LONG GRAIN RICE WITH NAAN BREAD

COMES WITH
STARTER AND
DESSERT OF
THE DAY

Wednesday

ROAST TURKEY \$29.95
SERVED WITH MASHED POTATOES,
CANDIED SWEET POTATOES, HOMEMADE
STUFFING, AND SEASONAL VEGETABLES

HOMEMADE SHEPHERD'S PIE \$27.95
SERVED WITH A FRESH CUCUMBER SALAD

Thursday

SWEET & SOUR PORK \$27.95
WITH HOMEMADE SAUCE WITH PEPPERS,
SERVED ON LONG GRAIN RICE WITH NAAN
BREAD

CHICKEN CORDON BLEU \$27.95
SERVED WITH SCALLOP POTATOES
AND SEASONAL VEGETABLES

Friday

MBL BBQ BACK RIBS \$29.95
SERVED WITH FRESH CUT
FRIES AND COLESLAW

FISH & CHIPS \$27.95
SERVED WITH FRESH CUT FRIES,
COLESLAW, AND HOMEMADE TARTAR SAUCE

Nightly Substitutes

ENTRÉE CAESAR \$14
ROMAINE LETTUCE, BACON, PARMESAN
CHEESE, CROUTONS, AND HOMEMADE DRESSING
+ CHICKEN + \$4.00

CHEF'S CHOICE SALAD \$14
SELECTION OF FRESH LOCAL PRODUCE
+ CHICKEN + \$4.00

PRE-ORDER YOUR PIZZA OR CALL
DURING DINNER HOURS TO ORDER!

PEPPERONI & CHEESE PIZZA \$15
PEPPERONI, MOZZARELLA CHEESE

MEAT LOVER'S PIZZA \$28
PEPPERONI, GROUND BEEF, BACON, SAUSAGE,
ONION, MUSHROOMS, MOZZARELLA CHEESE

BBQ CHICKEN PIZZA \$28
CHICKEN, BBQ SAUCE, CHERRY TOMATOES,
RED ONION, AND MOZZARELLA CHEESE

TACO PIZZA \$28
GROUND BEEF, SALSA, GREEN ONION,
TOMATOES, REFRIED BEANS, CHEDDAR
CHEESE, LETTUCE, AND SOUR CREAM

VEGETARIAN PIZZA \$25
TOMATOES, ONIONS, MUSHROOMS,
EGGPLANT, ROASTED RED PEPPER,
AND MOZZARELLA CHEESE

 ASK ABOUT OUR GLUTEN FREE CRUST

CALL OR VISIT THE OFFICE
BEFORE 2PM TO ORDER

705-286-2978



KIDS MEALS

**KIDS PORTION
OF NIGHTLY MEAL** \$12

CHICKEN TENDERS \$6

HOTDOG \$5

GRILLED CHEESE \$5

**SPAGHETTI &
MEATBALLS** \$6

PB & JAM \$4

ALL MEALS SERVED WITH
VEG & POTATO OF THE DAY,
OR A SIDE OF CHIPS

CALL TO ORDER OR
PRE-ORDER YOUR PIZZA!

705-286-2978

Open Daily
5PM - 7:30PM*

DOCKSIDE PICK UP
AVAILABLE FOR \$5

** PLEASE LET US KNOW IF YOU HAVE
ANY DIETARY REQUIREMENTS